DISTANCE EDUCATION

M.Sc (Psychology) DEGREE EXAMINATION, MAY 2023.

First Semester

THEORETICAL PERSPECTIVES IN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define: Motivation.
- 2. What do you meant by personality?
- 3. Write the short notes on upanishads perspectives.
- 4. Define: Decision Making.
- 5. What is concept formation?
- 6. Define: Sustained attention.
- 7. What do you meant by perception?
- 8. Define Cognitive dissonance.
- 9. Write any two behavioristic approaches of perception.
- 10. What are the applications of social learning theory?

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL the questions choosing either (a) or (b).

11. (a) Describe the sigmund freud's approaches to personality.

Or

- (b) Explain the skinner's operant conditioning theory.
- 12. (a) Explain the Roger's self theory of personality.

Or

- (b) Describe the cognitive dissonance theory.
- 13. (a) List out the Applications of Indigenous perspectives.

Or

- (b) Discuss about the stages in Language development memory process.
- 14. (a) Explain the perception of Depth and movements.

Or

- (b) Discuss about the Role of motivation and learning in perception .
- 15. (a) Explain the social constructivism approaches of psychology.

Or

(b) Discuss about the future perspective psychology in India.

2

SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Explain about the detailed notes on Freudian Approaches.
- 17. Describe the Maslow's Hierarchy of Motives.
- 18. Explain the detail about Bandura's social learning theory and it's therapies.
- 19. Discuss in detail about theories of forgetting Models of memory and thought processes.
- 20. Explain the mischel's cognitive Behavioural theory and Lewin's field theory.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

First Semester

LIFE SPAN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define: Life span psychology.
- 2. What do you meant by Genetic Environment Interactions?
- 3. Define: Prenatal period.
- 4. What is Growth rate?
- 5. Define: Depression.
- 6. What are the preventive measures of Mental Health problems?
- 7. List out any four teenage problems.
- 8. Define: Career planning.
- 9. What do you meant by Anti social behaviour? Give one example.
- 10. Define: Psycholinguistics.

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the Freud's psycho sexual stages of Development.

Or

- (b) Describe concrete operational stages of cognitive development.
- 12. (a) Discuss about the experimental stages of development.

Or

- (b) Explain the behaviour disorders for adolescence period.
- 13. (a) Describe the midlife crisis and transitions for middle adulthood period.

Or

- (b) Explain the role of parents for personality development of their child.
- 14. (a) Discuss about the social learning and cognitive perspectives in the personality development.

Or

- (b) Explain the purpose and meaning of life.
- 15. (a) Describe the social motives and behaviour.

Or

(b) Explain about the problem solving co-operation and competition.

2

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Discuss in detail about the theoretical perspectives in developmental psychology and human development.
- 17. Describe the stages and development of early childhood.
- 18. Explain the problem facing on Middle adulthood stage.
- 19. Discuss about the Development of adaptive and positive behaviour for human being.
- 20. Enumerate the major development issues of life span perspectives.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

First Semester

SOCIAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define: Social psychology.
- 2. Give the relationship between sociology and anthropology.
- 3. Define: Culture.
- 4. Write the scope of social psychology.
- 5. What are the levels of social behaviour?
- 6. How will you understand social behaviour?
- 7. What is self-concept?
- 8. Give a note on "Impression Management".
- 9. Define: Aggression.
- 10. What are the sources of error?

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Write the history of social psychology.

Or

- (b) Elaborate the basic concepts of social psychology.
- 12. (a) How can we perceive others?

Or

- (b) Give a note on cognitive dissonance.
- 13. (a) What are the factors that affect helping behaviour?

Or

- (b) Give the strategies for attitude change.
- 14. (a) Explain the pro-social behaviour.

Or

- (b) Write the nature of Intergroup relations.
- 15. (a) Describe the change and resistance to change.

Or

(b) Describe Kelley's model.

PART C —
$$(3 \times 10 = 30 \text{ marks})$$

Answer any THREE questions.

- 16. Write the Research methods in social psychology.
- 17. Describe the self-perception.

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- 18. Discuss about the attitude and its influence on behaviour.
- 19. Explain the understanding and evaluating the social world.
- 20. Elaborately discuss the group dynamics.

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DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2023.

Second Semester

THEORIES OF PERSONALITY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Write a note on the related concepts of personality.
- 2. Describe Allport's criteria for adult personality.
- 3. What according to CarlJung, the concept of collective unconscious?
- 4. Explain fictional finalism.
- 5. What do you mean by neurotic needs?
- 6. Give the characteristics of fully functioning persons.
- 7. What are the Big five personality factors?
- 8. Describe the process of observational learning.
- 9. What is personal construct theory?
- 10. How can parental Models shape personality of children?

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the nature of personality theory and its function.

Or

- (b) Write about the idealized self-image.
- 12. (a) Discuss Id, ego and Super ego with relevant example.

Or

- (b) Interpret Maslow's hierarchy of needs.
- 13. (a) What according to Erick fromm is the basic human dilemma?

Or

- (b) We learn by observing other people and patterning our behaviour after theirs. Justify using Bandura's Modelling.
- 14. (a) How will you define the structure of personality? Explain the Mental attitudes.

Or

- (b) Discuss Raymond Cattell's traits of personality.
- 15. (a) Explain the temperament theory of Arnold Buss and Robert Plomin.

Or

(b) Is it good to stay on the midline of the continuum with respect to various theoretical issues on human nature? Explain.

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PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Discuss the issues that define a theorist's image of human nature.
- 17. Compare and contrast the productive and non-productive character orientations.
- 18. Why do people strive for superiority? When and how such a drive is created? When does the strive goes wrong?
- 19. How does functional autonomy of motives help in understanding adult motivation?
- 20. What is operant conditioning and how can principles of operant conditioning applied to modify behaviour?

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Second Semester

RESEARCH METHODOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. What do you mean by Research?
- 2. Mention the types of Hypothesis.
- 3. List out the factors affecting the size of the sample.
- 4. What is Analytical Method?
- 5. Define: Research tool.
- 6. Differentiate the Research Methods from Methodology.
- 7. Write the Criteria of a good problem.
- 8. What do you mean by Questionnaire?
- 9. What is Correlation?
- 10. Expand the "SPSS".

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions choosing either (a) or (b).

11. (a) Write the significance of research in Social Sciences.

Or

- (b) Why do we do Review of literature in a research.
- 12. (a) Write the difference between probability and non-probability sampling.

Or

- (b) Write the procedure for the formulation of a schedule.
- 13. (a) Explain the process of Data analysis.

Or

- (b) List out the problems encountered by researchers in India.
- 14. (a) Describe the ethical principles in research.

Or

- (b) Give a note on "Criticism".
- 15. (a) How to write a research proposal?

Or

(b) Discuss about the Hypotheses.

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SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Describe the types and Process of Research.
- 17. Discuss the Census method and sampling method for investigation.
- 18. Briefly write about the sources and collection of data.
- 19. Explain the scientific method of research.
- 20. Elaborate the role of statistics in a research.

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Second Semester

EDUCATIONAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define: Psychology.
- 2. What do you mean by Learning?
- 3. Define: Behaviourism.
- 4. What is Cognition?
- 5. Give a note on "Critical thinking".
- 6. What is Motivation?
- 7. Write the concept of constructivism.
- 8. What is intelligence?
- 9. Name the factors related to Self-regulation.
- 10. Define: Life skills.

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions choosing either (a) or (b).

11. (a) Write the History of Psychology.

Or

- (b) Describe the classical conditioning in Daily Life.
- 12. (a) Discuss the Albert Bandura Model.

Or

- (b) List out the Attributes of Good Thinkers.
- 13. (a) How will you motivate the students of learn?

Or

- (b) Write the Socio-cultural applications.
- 14. (a) Discuss about the classroom atmosphere and management.

Or

- (b) Describe the gifted and creative children.
- 15. (a) Elaborate the Jerome Bruner's discovery learning.

Or

(b) Discuss about the Overall Personality Development.

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SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Describe the research methods in Psychology.
- 17. Give the difference between Classical conditioning and Operant conditioning.
- 18. Briefly discuss the critical and creative thinking.
- 19. Explain the developmental based views of teaching and learning.
- 20. Write the methods and technical issues in the assessment of students.

DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2023.

Second Semester

REHABILITATION PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is rehabilitation psychology?
- 2. Write short note on client centred therapy?
- 3. Define –Life span.
- 4. What are the concepts of disability?
- 5. What learning situation?
- 6. What is management?
- 7. Define-Personality.
- 8. Write short note on assessment?
- 9. What are the aims of special education?
- 10. List out any two approaches to rehabilitation.

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b)

11. (a) Describe the historical perspectives in rehabilitation psychology.

Or

- (b) What are the nature of work settings of rehabilitation psychologists?
- 12. (a) Write about the basic principles of psychological rehabilitation?

Or

- (b) Describe the life span development of persons with disabilities.
- 13. (a) Discuss the socio-economic rehabilitation for persons with disabilities.

Or

- (b) Explain the evalution of non-government organization.
- 14. (a) Describe the assessment of personality of disabled individual.

Or

- (b) Discuss the screening and early identification of people with developmental disabilities.
- 15. (a) Describe the intervention packages for various disabilities.

Or

(b) Explain the emerging trends in special education.

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SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions

- 16. Explain the methods and functions of rehabilitation psychology.
- 17. Enumerate the psychological Problems and coping styles.
- 18. Explain the rehabilitation process in various areas.
- 19. Describe the nature and scope of rehabilitation psychology.
- 20. Explain the personality development of disabled person.

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DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2023.

Third Semester

COGNITIVE NEURO PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

Answer ALL the questions.

- 1. Define Cognitive psychology.
- 2. What do you mean by Attention?
- 3. Write short note on memory.
- 4. What is meant by thinking?
- 5. Define Artificial intelligence.
- 6. What is visual neglect?
- 7. What is autobiographical memory?
- 8. What do you mean by neurofeedback?
- 9. What is stroop effect?
- 10. What is hypothesis formation?

PART B —
$$(5 \times 5 = 25 \text{ marks})$$

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the connectionism.

Or

(b) Explain the types of Nerve cells.

14.	(a)	Explain the constancies and illusions.
		Or
	(b)	Describe the RUC curve Top down processes.
15.	(a)	Discuss the failure of reconstruction.
		Or
	(b)	Explain the types of brain injury.
		PART C — $(3 \times 10 = 30 \text{ marks})$
		Answer any THREE questions.
16.	Describe the computer assisted neuropsychological rehabilitation and training.	
17.	Explain the anatomical functional architecture and substractivity in Neuropsychology.	
18.	Discuss the storage Long term memory and its types.	
19.	Explain the Difference-reduction model.	
20.	Describe the Electrophysiological methods.	
		2 D-1641

Describe the memory distortion.

Describe the Encoding-specificity.

Discuss the functional fixedness.

 $\label{eq:explain} Explain the FLMP model.$

Or

Or

12.

13.

(a)

(b)

(a)

(b)

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Third Semester

COUNSELLING THEORIES AND TECHNIQUES

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define counselling.
- 2. What are the different approaches to counselling?
- 3. What are the various tools of assessment that are being used in counselling?
- 4. What do you mean ego-defense mechanisms?
- 5. What are the main stages in the process of counselling?
- 6. What is cognitive behaviour modification?
- 7. What is collaborative empiricism?
- 8. What is self-instructional training?
- 9. What does A-B-C-D-E in REBT mean?
- 10. List the desirable characteristics of a counsellor.

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Enlist the characteristics of an effective counsellor.

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- (b) What factors should be consided while selecting members to be counsellor as a group.
- 12. (a) What are the steps involved in using tests in counselling?

Or

- (b) Discuss the scope of counselling.
- 13. (a) Describe Freud's structure of personality.

Or

- (b) Describe Beck's cognitive therapy.
- 14. (a) Write a note on Rational Emotive therapy.

Or

- (b) Explain the suitcase analogy.
- 15. (a) What are the essential psychological needs according to Glasser?

Or

(b) Explain the major goal of reality therapy.

PART C —
$$(3 \times 10 = 30 \text{ marks})$$

Answer any THREE questions.

- 16. Explain the strength and limitations of behavioural approach.
- 17. Explain the methods used for relaxation and its usefulness in therapy.

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- 18. Elaborate on the techniques used in cognitive behaviour therapy.
- 19. Describe the techniques used in Gestalt therapy.

20. Explain Pavlov's classical conditioning.

DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2023.

Third Semester

PSYCHOPATHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is abnormal behavior?
- 2. Define Anxiety disorder.
- 3. What is unipolar mood disorder?
- 4. Define Somotoform disorder.
- 5. What is Narcastic disorder?
- 6. Define Schizophrenia.
- 7. What is Narcolepsy?
- 8. What is Anorexia Nervosa?
- 9. What is Bipolar disorder?
- 10. What is Electicism?

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b)

11. (a) Discuss the contemporary views of abnormal behaviour.

Or

- (b) Explain Generalized anxiety disorder.
- 12. (a) Describe the causual factors of Bipolar disorders.

Or

- (b) Explain Depersonalization disorder.
- 13. (a) Explain Sexual Desire disorders.

Or

- (b) Explain the treatment and outcomes of psychotic disorders.
- 14. (a) Explain different categories of personality disorder.

Or

- (b) Explain cognitive behaviour therapy.
- 15. (a) Explain the types of sleep disorder.

Or

(b) Discuss on ICD-10

SECTION C —
$$(3 \times 10 = 30 \text{ marks})$$

Answer any THREE questions

- 16. Explain the types and causal factors of schizophrenia.
- 17. Describe Behaviour therapy.

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- 18. Explain Psychodynamic therapy.
- 19. Explain the treatment of psychological and Behavioural sleep disorder.
- 20. Explain the causes and treatment of anxiety disorder.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Fourth Semester

ABNORMAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define abnormal behaviour.
- 2. List the developmental disorders.
- 3. What is personality disorder?
- 4. Define Mental Retardation.
- 5. Give the symptoms of bipolar disorder.
- 6. Write a note on gender identity disorder.
- 7. What is alcohol dependence syndrome?
- 8. Write note on Hypochondriasis.
- 9. Give the predisposing factors for Abnormal behavior.
- 10. What is Adjustment disorder?

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain Jahoda's Healthy Personality.

Or

- (b) Discuss ICD classification system.
- 12. (a) Explain the levels of MR and its causal factors.

Or

- (b) Discuss the most common development disorder.
- 13. (a) Explain the various eating disorders.

Or

- (b) Discuss the types of Depressive disorders.
- 14. (a) Explain Generalised Anxiety Disorders.

Or

- (b) Explain the characteristics of Adjustment Disorders.
- 15. (a) Discuss the socio cultural factors for abnormal behaviour.

Or

(b) Discuss the causes and types of Delirium.

PART C —
$$(3 \times 10 = 30 \text{ marks})$$

Answer any THREE questions.

- 16. Discuss the causes of abnormal behaviour.
- 17. Explain Allport's Mature personality.

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2

- 18. Describe the consumer's decision making process.
- 19. Explain DSM IV TR classification of mental disorders.
- 20. What is PTSD? Explain the characteristic of PTSD.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Fourth Semester

ENVIRONMENTAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. Mention the goals of environmental Psychology.
- 2. List out the need of conservation Psychology.
- 3. Define the term 'environmental memories'.
- 4. What is meant by built environment?
- 5. Mention the Psychological problems occurred due to crowding.
- 6. What is environmental appraisal?
- 7. What are the factors for technological disasters?
- 8. What is meant by environmental sustainability?
- 9. List out some strategies for resource management.
- 10. What are the factors of ozone layer depletion?

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions choosing either (a) or (b).

11. (a) List out all roles and functions of environmental Psychologist.

Or

- (b) Write a note on environmental stress theory.
- 12. (a) Elaborate the components of environmental perception.

Or

- (b) Discuss the effects of stressors on human behaviour.
- 13. (a) Explain the impact of seasons on the mental stage of an individual.

Or

- (b) Analyse the causes of Urbanization.
- 14. (a) Explain the role NGO's in environmental management.

Or

- (b) Describe the causative agents for climatic change.
- 15. (a) Suggest certain remedial measures to overcome land pollution.

Or

2

(b) Explain the impact of noise sensitivity on psychological well-being.

SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Elaborate the characteristics of environmental Psychology.
- 17. Explain the different models of environment behaviour relationship.
- 18. Analyse the relationship between personal space and the built environment.
- 19. Explain the concept and importance of Barkeri Ecological Psychology.
- 20. Explain the factors of stressors on human health.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Fourth Semester

POSITIVE PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is meant by positive traits?
- 2. List out the goals of positive psychology.
- 3. What are the components of positive schooling?
- 4. Define Self esteem.
- 5. Give the use of positive psychology for aging well.
- 6. Write down the sources of stress.
- 7. What is self efficacy?
- 8. What is called 'Mental Health'?
- 9. What are the determinants of happiness?
- 10. What do you mean by resilience?

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Differentiate hedonic and Euaimonic.

Or

- (b) What is happiness? How do you measure happiness?
- 12. (a) Explain the sources of resilience in children.

Or

- (b) Describe the positive coping strategies.
- 13. (a) How do you think positive psychology be beneficial in our every day life?

Or

- (b) Write detailed note on functioning optimism.
- 14. (a) Explain the barriers in developing character strengths and virtues.

Or

- (b) Illustrate the indicators of subjective well-being.
- 15. (a) Elaborate the historical overview of positive psychology.

Or

(b) How does spiritually contribute to well-being? Give example.

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PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Analyse the relationship of positive psychology with health psychology, developmental psychology and clinical psychology.
- 17. Illustrate the developmental and clinical perspectives of resilience.
- 18. Critically examine the role of hope in positive psychology.
- 19. Enumerate the different strategies to enhance happiness.
- 20. How will you promote healthy coping strategies and life skills? Explain.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2023.

Fourth Semester

HEALTH PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Write the significance of health psychology in human life.
- 2. What are the basic components of health?
- 3. What do you understand by health behaviour?
- 4. State the functions of health management.
- 5. Mention the importance of health habits.
- 6. Write the functions of health care system.
- 7. Analyse the goals of rehabilitation.
- 8. Write the difference between acute and chronic pain.
- 9. What are the uses of immune system?
- 10. What is meant by life care planning?

PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the different dimensions of wellness.

Or

- (b) Write a note on social determinants of health behaviour.
- 12. (a) Elucidate the importance of psychological intervention in health psychology.

Or

- (b) Analyse the different barriers in health promotion.
- 13. (a) Elaborate the importance of health promotion among adolescents.

Or

- (b) List out the psychological problems faced by hospitalised person.
- 14. (a) Explain the significance of motivation theory in health habits development.

Or

- (b) Elaborate the importance of Yoga Asanas in treatment of illness.
- 15. (a) Analyse the role of immune system in stress management.

Or

2

(b) Explain some coping strategies used to cope from pain.

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Elaborate the Biopsychological model of health.
- 17. Explain the roles of psychologists in health care delivery.
- 18. Describe the different discomforts caused due to the personality disposition.
- 19. Explain the functions and techniques of cognitive behavioural approaches to health behaviour change.
- 20. Bringout the role of psychological intervention in pain management.

DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2023.

Fourth Semester

ORGANISATIONAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define organizational behaviour.
- 2. Write a Short note on group dynamics.
- 3. What do you mean by employee absenteeism?
- 4. What is called conflict management?
- 5. Name some employee assistance programmes you know.
- 6. List out any two Strategies to encourage constructive conflict.
- 7. What do you mean by communication barrier?
- 8. Who are called as maladjusted employees?
- 9. What is violence at work?
- 10. Write short note on intergroup conflicts.

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b)

11. (a) Explain the Sources and Characteristics of organizational Power.

Or

- (b) Elaborate the various strategies for resolving conflicts.
- 12. (a) Describe the autocratic and custodial models of organizational behaviour.

Or

- (b) Discuss the merits and demerits of formal and informal group formation in an organization.
- 13. (a) Write a detail note on types of communication.

Or

- (b) Enumerate the dimensions of organizational Socialization.
- 14. (a) Illustrate the consequences of stress at work.

Or

- (b) How can you improve individual group effectiveness in an organization?
- 15. (a) Explain the causes of indiscipline among employees.

Or

(b) Distinguish productive from counter productive behaviour in organizations.

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2

SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions

- 16. Describe the organizational change and its effects in detail.
- 17. Define organisational Socialization. Explain its stages elaborately.
- 18. Illustrate the models of leadership behaviour.
- 19. How does Group Cohesiveness helps organizations? Explain with examples.
- 20. Explain the reduction strategies of conflicts.